

**RIVERHEAD CENTRAL SCHOOL DISTRICT**  
**OFFICE OF HEALTH, PHYSICAL EDUCATION & ATHLETICS**  
**OFFICE OF DRIVER EDUCATION**



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March 11, 2021

Dear Parents/Guardians,

Spring Varsity and Junior Varsity Sports are just around the corner and this year will be like no other. Our priority, as a school district and as an athletic department, is to ensure that student-athletes have a chance to compete for the Blue Waves while maintaining a safe environment. All practices and games will follow the most up-to-date Suffolk County Department of Health, NYSPHSAA, Section XI and Riverhead Central School District COVID guidelines. Due to the Riverhead Central School District being a contingent budget, I would like to remind everyone that there will be **no buses home** for athletes after practices and games.

At this time, our Rank One Program is open for registration. Please go to our athletics website: [www.riverheadathletics.com](http://www.riverheadathletics.com). Click on the green box that says CLICK HERE: RANK ONE REGISTRATION and you can start the registration process. Please register as soon as possible. It will take our staff extra time this year to ensure clearance for participation in sports for the spring season.

**Athletic Participation**

- All student-athletes must be bona fide students within the Riverhead Central School District. Full remote students are invited to participate.
- All student-athletes must have a current physical (completed within the last two years) on file with the school nurse. We are encouraging students to get new physicals if they are comfortable doing so. If you receive a new physical, this physical will be good for all three seasons next school year once approved by our school physician.
- All student-athletes must register on Rank One Sports and have completed the Health History Form and Contract/Parent Consent Form.

**NYSPHAA / Section XI / Riverhead Central School District Athletics COVID Protocols and Guidelines:**

- Athletes must wear masks at all times during practices and games as tolerated
- Social distancing must be maintained on sidelines at all times and during practice and games when applicable
- Coaches must wear masks at all times
- All players will have their temperature taken and recorded by coaches each day
- Every player must fill out a COVID Self-Assessment Survey on all game days (more information to follow)
- Coaches will be working in small groups when possible
- All athletes must bring their own water bottles for practices and games

**High-Risk Sports Testing:**

Per Suffolk County Department of Health guidelines, student-athletes who elect to participate in any NYS approved HIGH RISK SPORT must submit to weekly COVID Testing. This pertains to boys' lacrosse during the spring season. (More information regarding dates and times will follow.)

Parents have the option of providing weekly test results from a licensed outside agency or medical office, as long as the integrity of the weekly testing window (7 days between tests) is maintained. To be accepted the results must be on official letterhead indicating:

- Facility Name and Contact Information
- Test Results
- Test Date

COVID test results must be emailed to our high school nurses before 2:00pm on Wednesdays. Please scan the document and email to: Dan Hull – [dan.hull@riverhead.net](mailto:dan.hull@riverhead.net) and Cammie Holfelder – [cammie.holfelder@riverhead.net](mailto:cammie.holfelder@riverhead.net) – include your full name, team and date of test.

If tests are not taken or submitted within the 7-day window, an athlete is not permitted to travel with or participate in any team activities until a new test is submitted. This does not remove them from the team but could impact their standing for continued participation if the issue continues.

Any positive Rapid Test result is accepted as such and **CANNOT BE OVERTURNED** by a re-test (PCR or Rapid). Positive results require a 10-day quarantine process from all school activities, including attendance to practice and games.

**Spectator Information:**

Spectator information is being updated each season. We will release more information closer to the start of the season.

**Student-Athlete Informational Meeting:**

These meetings are designed to provide student athletes a chance to meet their coaches and gather information about the upcoming season.

**Girls Lacrosse** – Head Coach – Lindsay Rella ([Lindsay.Rella@riverhead.net](mailto:Lindsay.Rella@riverhead.net))

Zoom Meeting: Thursday March 18<sup>th</sup> at 2:15pm

ID: 407 082 9960 – Password: 9QA9hE

**Boys Lacrosse** – Head Coach – Vic Guadagnino ([Victor.Guadagnino@riverhead.net](mailto:Victor.Guadagnino@riverhead.net))

Google Meet: Wednesday, March 17<sup>th</sup> at 12:00pm - Code: riverheadlax

**Baseball** – Head Coach – Robert Maccone ([Robert.Maccone@riverhead.net](mailto:Robert.Maccone@riverhead.net))

Google Meet: Wednesday, March 17<sup>th</sup> at 10:00 AM - Google Classroom Code: 3ft2jdt

**Softball** – Head Coach – Chris Accardi ([ACCCConsulting@optonline.net](mailto:ACCCConsulting@optonline.net))

Zoom Meeting: Wednesday, March 24<sup>th</sup> at 7:00pm

ID: 725 2900 2359 – Password – 3Me9F2

**Boy's and Girl's Track and Field** –

Boy's Head Coach Steve Gevinski ([Steve.Gevinski@riverhead.net](mailto:Steve.Gevinski@riverhead.net))

Girl's Head Coach Maria Dounelis ([Maria.Dounelis@riverhead.net](mailto:Maria.Dounelis@riverhead.net))

Google Meet: Thursday March 18<sup>th</sup> at 7pm – Code: gulqixvm5p

**Golf** – Head Coach Ken Marelli ([Kenneth.Marelli@riverhead.net](mailto:Kenneth.Marelli@riverhead.net))

Zoom Meeting: Monday, March 15<sup>th</sup> at 3:00pm

ID: 842 9127 7021 – Password: 5KwPY4

**Boys Tennis** – Head Coach Steven Failla ([Steven.Failla@riverhead.net](mailto:Steven.Failla@riverhead.net))

Google Meet: Wednesday March 17<sup>th</sup> at 12:00pm – Code: c5ukuwuktf

If you should have any questions, please feel free to email me at [brian.sacks@riverhead.net](mailto:brian.sacks@riverhead.net).

Thank you,



Brian Sacks  
Director