

# High School Administration

**Dr. Charles Regan**  
Principal

**Mr. Patrick Burke**  
Assistant Principal

**Ms. Eileen Manitta**  
Assistant Principal

**Mr. Sean O'Hara**  
Assistant Principal

**Mr. Charles Gassar**  
Director of Guidance

*"Do you know what my favorite part of  
the game is? The opportunity to play."  
~ Mike Singletary*

## Blue Waves ~ Athletic Office

***Mr. Brian Sacks***

Director of Health, Physical Education & Athletics

***Ms. Lisa J. Douglas***

Administrative Assistant to the Director

***Mrs. Susan M. Ries***

Athletic Office Support Staff

## Order of Events

***Welcome***

*Mr. Brian Sacks*

***National Anthem ~ Sung by Kathleen Gregory***

***&***

***Presentation of Colors ~ NJROTC***

***Army Reserve National Scholar-Athlete Award***

*SSG Brian Fowkes, US Army*

***William R. Groth Award***

*Dr. Charles Regan*

***Athletic Awards (by season)***

***Fall***

*Cheerleading - Fall*

*Cross Country - Boys'*

*Cross Country - Girls'*

*Field Hockey*

*Football*

*Golf - Boys'*

*Soccer - Boys'*

*Soccer - Girls'*

*Tennis - Girls'*

*Volleyball*

# Order of Events

## **Winter**

*Basketball - Boys'*

*Basketball - Girls'*

*Bowling*

*Cheerleading - Winter*

*Track & Field - Boys' Winter*

*Track & Field - Girls' Winter*

*Wrestling*

## **Spring**

*Baseball*

*Golf - Girls'*

*Lacrosse - Boys'*

*Lacrosse - Girls'*

*Softball*

*Track & Field - Boys' Spring*

*Track & Field - Girls' Spring*

*Tennis - Boys'*

## **Gold Key Winners**

*Mr. William Hedges*

## **Closing**

*Mr. Brian Sacks*

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# Awards

## **Robert Dean Palmer Award (Boys Cross Country)**

The award reads in part, "Lord, while a distance runner, you gave me a deeper understanding of the importance of daily practice, sportsmanship and teamwork..." the athletes honored with this annual award demonstrate and understand this belief.

## **James F. Gilhooley Award (Girls Cross Country)**

This award was established to honor James F. Gilhooley, a former coach, teacher, and athletic director for the Riverhead Central School District. We celebrate the tenacity, steadfastness, and dedication of distance runners each time we give this award.

## **Garfield Langhorne Award (Boys & Girls Track & Field)**

This award is given to two members of Riverhead track team to honor the memory of Garfield Langhorne; a Riverhead graduate and track and field athlete, who gave his life in the Vietnam War. He was a man of uncommon valor.

## **Michael J. McKillop Award (Football)**

This award, established in 1999, honors the memory of our former athletic director, coach, and teacher. Recipients of this award embody the qualities of leadership, athleticism, scholarship, and character. They must excel in football and one other varsity sport.

## **Carl Smith Award (Football)**

This award was established to honor Carl Smith, a 1987 RHS graduate. Carl consistently achieved beyond all expectations; he had both an outstanding academic and athletic career at RHS as well as at University of Maine. His ability to focus and willingness to give 100% are the qualities he shares with each recipient.

## **Coach Janecek Award (Girls Basketball)**

This award is to honor a three sport athlete who is a member of school clubs, actively participates in community service and carries a part-time job working with Coach J in one of his many programs. The student embodies the same level of commitment, integrity and sportsmanship that Coach J has embodied his entire career.

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## Awards

### **Walter Stewart Award (Wrestling)**

This award was established in 1999 to honor a man who led the wrestling program in Riverhead for several decades, Walter Stewart. The qualities of initiative, dedication and courage describe each years' recipients. To receive this award, an athlete must excel in two varsity sports, one of which must be wrestling.

### **Tony Daniello Memorial Award (Softball & Baseball)**

This award was established to honor Tony Daniello, a Riverhead physical education teacher and coach. May Tony's devotion to teamwork, his sense of humor, and his positive spirit live forever in the hearts of all Blue Waves.

### **Demitri Hampton Award (Boys Basketball)**

This award is given in memory of Demitri Hampton; a great teammate to all who played with him in the Boys' Basketball program. The recipient of this award must be a positive influence on his team, in his school and in his community.

### **Larry Chizever Award (Boys & Girls Tennis)**

This award is to honor an athlete who excels in the sport of tennis while actively engaging in lifetime fitness.

### **William R. Groth Award**

This award is being established to honor William R. Groth, CAA, a former physical education teacher and athletic director at Riverhead Central School District. The athlete receiving this award is a senior who has shown an outstanding commitment to health/wellness, physical education, community activities and excelled in two varsity sports.

### **Army Reserve National Scholastic Athlete Award**

This award is given by the US Army to honor a junior or senior male and female athlete who have excelled in interscholastic athletics, academics and extracurricular activities.

### **Gold Key Award**

This award is the highest honor in Section XI and is awarded to student athletes who have lettered in 8 JV and/or Varsity seasons in grades 10-12.

## Cheerleading - Fall

Stephanie Piraino ~ Head Coach    Lauren Berry ~ Asst. Coach  
Jamie McCarrick ~ JV Coach    Susan Ries ~ MS Head Coach  
Laura Stimpfel ~ Volunteer Coach

### **Awards**

Most Valuable Player: Destiny Leonard

Most Improved Player: Kayla Freeborn

Coach's Award: Tahnaja Murray

Scholar Athlete Award: Chelsea Cawley



## Cross Country - Boys'

Matthew Yakaboski ~ Head Coach

Bernice E. Brown ~ MS Head Coach

Christopher Butterfield ~ MS Asst. Coach

### **Awards**

Most Valuable Player: Eric Cunha

Most Improved Player: Ryan Carrick

Coach's Award: Anton Majewski

Scholar Athlete Award: Christian Baron

Robert Dean Palmer: Cole Devereaux

## Cross Country - Girls'

Justin T. Cobis ~ Head Coach

Bernice E. Brown ~ MS Head Coach

Christopher Butterfield ~ MS Asst. Coach

### Awards

Most Valuable Player: Christina Yakaboski

Most Improved Player: Natalia Ruszkowski

Coach's Award: Megan Kielbasa

Scholar Athlete Award: Olivia Pizzuto

James Gilhooley Award: Gabriella Marcucci



## Field Hockey

Cheryl Walsh-Edwards ~ Head Coach

Rebecca Krupski ~ Asst. Coach   James Janecek ~ JV Head Coach

Cheryl Mustacchio ~ MS Head Coach

Barbara Barosa ~ MS Asst. Coach

Sharon Stark-Truland & Maryann Wojcik ~ Volunteer Coaches

### Awards

Most Valuable Player: Grace Dow

Most Improved Player: Christy Falisi

Coach's Award: Sarah Rempe

Scholar Athlete Award: Kayla Kielbasa

## Football

Leif Shay ~ Head Coach

Ed Grassman, Scott Hackal & William Hedges ~ Asst. Coaches

Charles Zilnicki ~ JV Head Coach   Edwin Perry ~ JV Asst. Coach

Salvatore Loverde & Timothy McCready ~ MS Head Coaches

David McKillop & Kenneth Marelli ~ MS Asst. Coach

Jeffrey Blom, Charles McMillen,

Gregory Meyer & Cody Smith ~ Volunteer Coaches

### Awards

Most Valuable Player: Darnell Chandler

Most Improved Player: Kyle Kelly

Coach's Award: Brian Moulton

Scholar Athlete Award: Harrison Downs

Carl Smith Award: Darnell Chandler

Michael J. McKillop Award: Kyle Kelly



## Golf - Boys'

Steve Failla ~ Head Coach

### Awards

Most Valuable Player: Christopher Flood

Most Improved Player: Cole Montefusco

Coach's Award: Peter Panciocco

Scholar Athlete Award: Kyle Gevinski

## Soccer - Boys'

Lamine Traore ~ Head Coach

Evan Philcox ~ Asst. Coach

Moussa Keita ~ JV Head Coach

Michael Polan ~ MS Head Coach   Richard Vlacci ~ MS Head Coach

Victor Guadagnino ~ MS Asst. Coach

### Awards

Most Valuable Player: Roberto Guzman-Perez

Most Improved Player: Darwin Villatoro

Coach's Award: Juan Orellana Zecena

Scholar Athlete Award: Sean Allen



## Soccer - Girls'

Brian Cunningham ~ Head Coach   Kelly Fox ~ Asst. Coach

Samba Traore ~ JV Head Coach

Dr. Lawrence Mandresh ~ MS Head Coach

James Laffey ~ MS Head Coach

Maria Dounelis ~ MS Asst. Coach

### Awards

Most Valuable Player: Krista Romer

Most Improved Player: Megan McIntosh

Coach's Award: Julia Thomas

Scholar Athlete Award: Roxana Lopez

## Tennis - Girls'

Rosaleen D'Orsogna ~ Head Coach

Aribelys Taveras ~ MS Head Coach

### Awards

Most Valuable Player: Taylor Marelli

Most Improved Player: Natalia Sisalima

Coach's Award: Norma Guerra Espana

Scholar Athlete Award: Kathleen Gregory

Larry Chizever Award: Taylor Marelli



## Volleyball

Kristin Andrejack ~ Head Coach   Jacqueline Zilnicki ~ Asst. Coach

Stefanie Loverde ~ JV Head Coach

Kristen Andrejack ~ MS Head Coach

Karen Braune ~ MS Head Coach

### Awards

Most Valuable Player: Olivia Dickerson

Most Improved Player: Melanie Vail

Coach's Award: Nicolette Renten

Scholar Athlete Award: Casey Plitt

## Basketball - Boys'

John Rossetti ~ Head Coach   Elwood Lamb ~ Asst. Coach

John Zilnicki ~ JV Coach

Richard Vlacci ~ MS Head Coach   Michael Polan ~ MS Head Coach

W. Brian Stark ~ Volunteer Coach

### Awards

Most Valuable Player: William Sanders

Most Improved Player: Quashiem Miller

Coach's Award: Cristian Pace

Scholar Athlete Award: Michael Daniel

Demitri Hampton Award: Keshawn Lamb



## Basketball - Girls'

David Spinella ~ Head Coach   Paul Bertram ~ Asst. Coach

James Janecek ~ JV Head Coach

Dr. Lawrence Mandresh ~ MS Head Coach

Michael Polan ~ MS Head Coach

### Awards

Most Valuable Player: Faith Johnson-DeSilvia

Most Improved Player: Katherine McCarney

Coach's Award: Mary Reiter

Scholar Athlete Award: Regan Montefusco

Coach Janecek Award: Kimberlyn Brown Ligon

## Bowling

Scott Hackal ~ Head Coach

### Awards

Most Valuable Player: Forrest Vail

Most Improved Player: Joseph Gambino

Coach's Award: Jonathan Visek

Scholar Athlete Award: Brandon Lynn



## Winter Cheerleading

Stephanie Piraino ~ Head Coach   Lauren Berry ~ Asst. Coach

Jamie McCarrick ~ JV Coach   Susan Ries ~ MS Head Coach

Laura Stimpfel ~ Volunteer Coach

### Awards

Most Valuable Player: Melissa Blackmore

Most Improved Player: Amanda Sinclair

Coach's Award: Caleigh Kalmus

Scholar Athlete Award: Taylor Bunch

## Track & Field - Boys' Winter

Salvatore Loverde ~ Head Coach

William Hedges ~ Asst. Coach

Melodee Riley ~ Shared Asst. Coach

Dr. John Andresen ~ Volunteer Coach

### **Awards**

Most Valuable Player: Eric Cunha

Most Improved Player: Eric Behr

Coach's Award: Kian Martelli

Scholar Athlete Award: Christian Baron



## Track & Field - Girls' Winter

Justin T. Cobis ~ Head Coach

Bernice E. Brown ~ Asst. Coach

Melodee Riley ~ Shared Asst. Coach

Dr. John Andresen ~ Volunteer Coach

### **Awards**

Most Valuable Player: Miasha Pittman

Most Improved Player: Delu Rizzo

Coach's Award: Emma Conroy

Scholar Athlete Award: Olivia Pizzuto

## Wrestling

Thomas Riccio ~ Head Coach      Rudy Carastro ~ Asst. Coach

Edwin Perry ~ JV Head Coach

Edwin Perry ~ MS Head Coach

James Rheaume ~ MS Asst. Coach

### **Awards**

Most Valuable Player: Mark Matyka

Most Improved Player: Christopher Debose

Coach's Award: Carlos Perez

Scholar Athlete Award: Dominic Bossey

Walter Stewart Award: Mark Matyka



## Baseball

Robert Maccone ~ Head Coach      Edward Grassman ~ Asst. Coach

Kenneth Marelli ~ JV Head Coach

Scott Hackal ~ MS Head Coach

### **Awards**

Most Valuable Player: Justin Clement

Most Improved Player: Peter Panciocco

Coach's Award: Nicholas Dejewski

Scholar Athlete Award: Nicholas Dejewski

Tony Daniello Award: Darnell Chandler

## Golf - Girls'

Steve Failla ~ Head Coach

### Awards

Most Valuable Player: Katie Moore

Most Improved Player: Kimberly Horvat

Coach's Award: Alexandra Kozakiewicz

Scholar Athlete Award: Abygaele Brophy



## Lacrosse - Boys'

Victor Guadagnino ~ Head Coach

Chris Nentwich ~ Asst. Coach

Evan Philcox ~ JV Head Coach      Sean Kenna ~ JV Asst. Coach

Chris Palasek ~ MS Head Coach      James Laffey ~ MS Asst. Coach

### Awards

Most Valuable Player: John Ehlers

Most Improved Player: Connor Kalmus

Coach's Award: Christopher Flood

Scholar Athlete Award: Christopher Flood

## Lacrosse - Girls'

Ashley King ~ Head Coach

James Janecek ~ Asst. Coach

Bethany Peters ~ JV Head Coach      Megan Pepe ~ JV Asst. Coach

Ciara McKeon ~ MS Head Coach      Jon Porter ~ MS Asst. Coach

### Awards

Most Valuable Player: Kayla Kielbasa

Most Improved Player: Ella Malanga

Coach's Award: Alyssa Romer

Scholar Athlete Award: Sarah Bornstein



## Softball

Jacqueline Zilnicki ~ Head Coach

David McKillop ~ Asst. Coach

Kelly Fox ~ JV Head Coach

Richard Vlacci ~ MS Head Coach

### Awards

Most Valuable Player: Casey Plitt

Most Improved Player: Ariana Breest

Coach's Award: Alexis Polak

Scholar Athlete: Casey Plitt

Tony Daniello Award: Casey Plitt



## Track & Field - Boys' Spring

Stephen Gevinski ~ Head Coach

Salvatore Loverde ~ Asst. Coach      Melodee Riley ~ Asst. Coach

William Hedges ~ Shared Asst. Coach

Michael Polan ~ MS Head Coach      Leif Shay ~ MS Asst. Coach

Dr. John Andresen ~ Volunteer Coach

## Awards

Most Valuable Player: Eric Cunha

Most Improved Player: Ryan Keane

Coach's Award: Sean Allen

Scholar Athlete Award: Joshua Caskie

Garfield Langhorne Award: Zephaniah Forsque



## Track & Field - Girls' Spring

Maria Dounelis ~ Head Coach

Justin T. Cobis ~ Asst. Coach

William Hedges ~ Shared Asst. Coach

Bernice E. Brown ~ MS Head Coach

Christopher Butterfield ~ MS Asst. Coach

Dr. John Andresen ~ Volunteer Coach

## *Awards*

Most Valuable Player: Christina Yakabowski

Most Improved Player: Kristina Deraveniere

Coach's Award: Julia Divan

Scholar Athlete Award: Olivia Pizzuto

Garfield Langhorne Award: Kayla Johanson

## Tennis - Boys'

Rosaleen D'Orsogna ~ Head Coach

## Awards

Most Valuable Player: Jens Summerlin

Most Improved Player: Juan Rivas Chavez

Coach's Award: Jason Thompson

Scholar Athlete Award: Brendan Gregory

Larry Chizever Award: Hector Ponce Alvarado



# GOLD KEY AWARD WINNERS

ALEC BUCZYNSKI

CHRISTIAN BARON

JANELLE CAREY

ERIC CUNHA

KELLY HORYCZUN

GABRIELLA MARCUCCI

CASEY PLITT

CAILYN WALLACE

## 2016-17 Highlights

### **NYSPHSAA Scholar Athlete Awards**

*A team with at least 75% of their roster having a cumulative weighted GPA of 90 or above receives a NYSPHSAA Scholar Athlete Certificate.*

*Teams that don't qualify may still have individuals receive recognition for a personal weighted GPA of 90 or above*

#### **Fall Teams**

##### **Boys Cross Country**

95.52 top 75% avg / 91.51 entire team avg / 16 individuals recognized

##### **Girls Cross Country**

101.80 top 75% avg / 99.41 entire team avg / 26 individuals recognized

##### **Field Hockey**

101.48 top 75% avg / 99.31 entire team avg / 15 individuals recognized

##### **Football**

12 individuals recognized

##### **Boys Golf**

91.57 top 75% avg / 5 individuals recognized

##### **Boys Soccer**

1 individual recognized

##### **Girls Soccer**

96.66 top 75% avg / 93.31 entire team avg / 15 individuals recognized

##### **Girls Tennis**

99.46 top 75% avg / 97.14 entire team avg / 15 individuals recognized

##### **Girls Volleyball**

100.14 top 75% avg / 95.33 entire team avg / 9 individuals recognized

##### **Independent Swimmer**

1 individual recognized

#### **Winter Teams**

##### **Boys Basketball**

3 individuals recognized

##### **Girls Basketball**

96.49 top 75% avg / 93.15 entire team avg / 12 individuals recognized

##### **Bowling**

1 individual recognized

##### **Cheerleading**

90.85 top 75% avg / 6 individuals recognized

## 2016-17 Highlights

### Boys Winter Track

95.56 top 75% avg / 90.59 entire team avg / 33 individuals recognized

### Girls Winter Track

97.23 top 75% avg / 90.82 entire team avg / 32 individuals recognized

### Spring Teams

#### Baseball

91.92 top 75% avg / 8 individuals recognized

#### Softball

97.47 top 75% avg / 95.28 entire team avg / 11 individuals recognized

#### Boys Lacrosse

91.09 top 75% avg / 15 individuals recognized

#### Girls Lacrosse

99.36 top 75% avg / 95.79 entire team avg / 18 individuals recognized

#### Boys Spring Track

93.57 top 75% avg / 26 individuals recognized

#### Girls Spring Track

95.01 top 75% avg / 29 individuals recognized

#### Boys Tennis

5 individuals recognized

#### Girls Golf

93.76 top 75% avg / 6 individuals recognized

## Section XI Sportsmanship Awards

### Fall Teams

Boys Cross Country ~ MS

Girls Cross Country ~ MS

Football ~ Varsity

Girls Soccer ~ Varsity, JV & MS

### Winter Teams

Boys Basketball ~ Varsity

Girls Basketball ~ Varsity

Wrestling ~ JV

## 2016-17 Highlights

### Award Recipients

#### Boys' Cross Country

Eric Cunha - League III Runner of the Year

Matthew Yakaboski - League III Coach of the Year

Eric Cunha - All-County & Academic All-County Awards

Ryan Carrick - All-Division Award

#### Girls' Cross Country

Megan Kielbasa - All-County Award

Christina Yakaboski - All-County Award

#### Field Hockey

Kimberlyn Brown Ligon - All-County Award

Grace Dow - All-County Goalie Award

Shannon Schmidt - All-County Honorable Mention Award

Rease Coleman - All-Conference Award

Katherine Goodale - All-Conference Award

Megan Kielbasa - All-Conference Award

Sarah Rempe - Unsung Hero Award

#### Football

Darnell Chandler - All-League Award

Brian Moulton - All-League Award

John Anderson - Honorable Mention Award

Robert Block - Honorable Mention Award

Kyle Kelly - Honorable Mention Award

#### Boys' Golf

Christopher Flood - All-League Award

Cole Montefusco - All-League Award

# 2016-17 Highlights

## Boys' Soccer

Roberto Guzman - All-Conference Award

Jonathan Perez - All-League Award

Jonah Luby - Academic All-County Award

## Girls' Soccer

Megan McIntosh - All-League Award

## Girls' Tennis

Natalie Cavaliere - All-League Award

Kathleen Gregory - All-League Award

Taylor Marelli - All-League Award

Norma Guerra - County Coaches' Sportsmanship Award

## Volleyball

Olivia Dickerson - All-League Award

## Boys' Basketball

Cristian Pace - All-League Award

William Sanders, Jr. - Academic All-County Award

## Girls' Basketball

Faith Johnson-DeSilvia - All-County Award

Kimberlyn Brown Ligon - All-League Award

## Cheerleading

UCA Regional Champions & UCA National Semi-Finalists

UCA National Finalists ~ 15th place

## Bowling

Joseph Gambino - All-League Award

# 2016-17 Highlights

## Boys' Winter Track & Field

Eric Cunha - All-County Award

Eric Cunha - 1000M All-County Award, Academic All-County Award

Kyle Gevinski - Academic All-County

## Wrestling

Christopher DeBose - All-League Award

Ralph Gray - All-League Award

Carlos Perez - All-League Award

Mark Matyka - All-County Award & All State Award

## Baseball

Justin Clement - All-League Award

Peter Panciocco - All-League Award

Scott Thompson - All-League Award

Nicholas Dejewski - Academic All-League Award

## Girls' Golf

Abygaele Brophy - All-League Award

Alexandra Kozakiewicz - All-League Award

Katie Moore - All-County Award

Division III Girls Golf Champions

## Boys' Tennis

Brendan Gregory - All-League Award & County Coaches'  
Sportsmanship Award

Hector Ponce Alvarado - All-League Award

Jason Thompson - All-League Award

Jens Summerlin - All-County Award

# 2016-17 Highlights

## Girls Lacrosse

Kayla Kielbasa - All-County Award

Megan Kielbasa - All-County Award

Christine Thomas - All-County Honorable Mention Award

Katherine Goodale - All-Division Award

Shannon Schmidt - All-Division Award

Sarah Bornstein - Unsung Hero Award

Emma Panciocco - All-Tournament Award

## Boys' Lacrosse

Jacob Coleman - All-Division Award & All-County Award

John Ehlers - All-Division Award, All-County Award, &  
Division 1 Specialist (Face Off) of the Year Award

Connor Grauer - All-Division Award

Dalton Lucas - All-Division Award & All-County Award

Coach Victor Guadagnino - Coach of the Year Award

## Boys' Spring Track & Field

Ryan Carrick - All-League Award

Eric Cunha - All-League Award

Iyriy Denys - All-League Award

Kian Martelli - All-League Award

Tre'quanne Miles Ross - All-League Award

## Girls' Spring Track & Field

Julia Divan - All-League Award

Miasha Pittman - All-League Award

Christina Yakaboski - All-League Award

## Softball

Alexis Polak - All-League Award

Mr. Sacks, Dr. Regan, the  
Staff of RHS and the  
HPEA Department would  
like to congratulate the  
Class of 2017

Good luck in all your future  
endeavors



***The Athletic Department Staff & Coaches would like to take a moment to thank the following people:***

**Ms. Carney, Mr. Schneider, Ms. Tona & the BOE** - Thank you for your continued support throughout the school year.

**The Entire Transportation Department** - Thanks for arranging to get us where we need to be on time, with a smile, and with encouragement. Mr. Moore & Ms. Furcht - Thanks for all your help getting us on the new coach-style bus for our trip upstate!

**The Entire Buildings & Grounds Crew** - Thank you for your help all year long and especially during our various fields moves this year...THANK YOU!!!

**The HS, MS & Pulaski Custodial Staffs** - Thanks for all the help throughout the year; you're always ready to help with a smile and a chuckle! It is appreciated more than words can simply convey!

**The HS & MS Security Staff** - Thanks for helping to keep all of our students, spectators and staff safe during our events throughout the year.

**The HS, MS & Pulaski Nursing Staff** - Thanks for all that you do to make sure our students have the proper clearances for participating in athletic activities. It's not easy - and you do it with cheerfulness, enthusiasm and professionalism.

**George Faella** - Thank you for all the wonderful photos you take all year long! Our history will be remembered for many years to come because you took the time to volunteer your services.

**Sandy Kolbo** - Thank you for the numerous updates to the RCSD website and for covering our games and various athletic events. Congratulations on your retirement!

**Capt. Loughlin, GYSGT. Mahala, NJROTC Cadets, Ms. Tishim & Kathleen Gregory**- Thank you for your participation and assistance during this evening's program; your presence made it even more special for everyone attending.

LET'S  
GO



BLUE  
WAVES